

University of Iowa

Carver College of Medicine

The UI Sports Medicine Center
and Department of Orthopaedics
& Rehabilitation Announces

23rd Annual

Hawkeye Sports Medicine

SYMPOSIUM

November 30 – December 1, 2007
Friday and Saturday

Marriott Hotel and Conference Center
300 East 9th Street
Coralville, Iowa 52241

Guest Speakers:

William E. Garrett, Jr., MD, PhD

Margot Putukian, MD, FACSM

Mike Reinold, PT, DPT, ATC, CSCS



Highlights on Saturday include a public forum focusing on "Hot Ethical Issues in Sports Medicine" featuring legendary Dan Gable and former Iowa Hawkeye and Dallas Cowboy, Stormin' Norm Granger



UI Sports Medicine

University of Iowa
Hospitals and Clinics

Sponsored by: University of Iowa Sports Medicine Center, Department of Orthopaedics and Rehabilitation, University of Iowa Roy J. and Lucille A. Carver College of Medicine



General Information

Purpose

The program is designed to present health care professionals with up-to-date knowledge about diagnosis, management and prevention of a variety of injuries commonly incurred in sports participation and to emphasize uniquely influential factors that must be addressed in the provision of the highest quality of care to the competitive athlete. In addition to lectures, case presentations and panel discussions will be offered to enhance the participant's understanding of the topics presented.

Objectives

Upon completion of this program, the participant should be able to:

- Recognize signs and symptoms of depression.
- Recognize and provide proper emergency management for acute dental problems.
- Employ current guidelines for return to play.
- Discuss the incidence, mechanisms, preventive measures and rehabilitation of ACL injuries.
- Describe the injuries incurred by the overhead athlete and explain the best courses of treatment.
- Manage athletes with concussions
- Employ exam techniques for common sports related knee injuries..
- Relate current concepts of ACL injury rehabilitation.
- Describe the current lab based techniques employed in the training of a surgeon.
- Relate proper techniques and indications for injections.
- Describe commonly employed drugs in sports.
- Discuss the profiles of drug abusing athletes and where the drugs come from.
- Analyze and manage common ethical problems faced in sports and sports medicine.

Intended Audience

The format of the program allows it to be attractive to individuals with a variety of backgrounds and interests. Orthopaedic surgeons, family physicians, team physicians, athletic trainers, physical therapists, physician assistants, nurses, coaches, and persons involved with emergency medicine services are encouraged to attend.

Symposium Location

The Symposium will be held at the Coralville Marriott Hotel & Conference Center, 300 East 9th Street, Coralville, Iowa, 52241. Phone 319-688-4000 or 1-888-236-2427, Fax 319-688-4040. www.coralvillemarriott.com

Registration Fees

\$325 for physicians, \$225 for allied health care professionals and general public, and \$35 for student athletic trainers and student physical therapists. An additional \$35 will be added for those registering the day of the Symposium. Registration fees include: CME and CEU recording, instruction, educational materials, continental breakfasts, refreshment breaks, Friday's lunch, and hotel parking. All but \$35 of the registration fee is refundable if the inability to attend the Symposium is made known on or before Friday, November 23rd. No refunds will be made for later notification.

Athletic Event (optional)

Iowa Men's "Hawkeye Challenge Basketball Tournament"

The University of Iowa Men's Basketball Team will host Eastern Illinois University, Rice University, and the University of Louisiana-Monroe for the "Hawkeye Challenge Basketball Tournament" at Carver-Hawkeye Arena, to be held Friday and Saturday evenings, November 30 and December 1, 2007. Tickets are optional and available for either one or both evenings at \$20 per ticket, per evening. Please indicate your interest on the registration form.

Credit

Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The University of Iowa Carver College of Medicine designates this educational activity for a maximum of 11.25 *AMA PRA Category 1 Credits*[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Nurse: This program is offered in cooperation with the University of Iowa College of Nursing, an Iowa Board of Nursing Approved Provider, number 1. Participants will receive 1.34 Continuing Education Units (CEUs) or 13.4 contact hours. Program number 07 334 93 has been assigned.

Family Physician: Application for CME credit has been filed with the American Academy of Family Physicians. Determination of credit is pending.



Athletic Trainer: The University of Iowa is recognized by the NATA Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been designated as 10 Continuing Education Units (CEUs).

EMS: The University of Iowa Health Care Emergency Medical Services Learning Resources Center (EMSLRC), approved provider awards CEHs to certified EMS providers for completion of this entire program. The EMSLRC requires full-time attendance for CEH award. This conference has been approved for 2 Formal Education hours and 8 Optional Education hours.

Physical Therapist: A certificate of attendance will be sent to you after the conference. This letter of certification can be used to submit to your licensing board for re-certification.

Marriott Hotel Accommodations

A block of rooms has been reserved for Symposium participants at the Coralville Marriott Hotel & Conference Center. Room rate is \$96 plus taxes for either a single or double room. **Rooms will be held in reserve until Thursday, November 15, 2007.** Participants are responsible for making their own hotel reservations and may do so by contacting the Marriott Hotel at 319-688-4000 or 1-888-236-2427. When making reservations, please inform the Hotel you are attending the "Hawkeye Sports Medicine Symposium," to receive the specified room rate.

Parking

Parking is available in the City of Coralville's parking ramp adjacent to the Marriott Hotel. Parking passes will be provided to Symposium participants who park in the ramp. Please bring your parking ramp ticket to the Symposium registration desk to receive a parking pass. Hotel guests receive free parking.

Emergency Calls

You may be reached during the Symposium hours for emergency phone calls through the Coralville Marriott Hotel operator at 319-688-4000. Please have the caller indicate that you are attending the "Hawkeye Sports Medicine Symposium".

Program Content

Determination of educational content for this program and the selection of speakers are responsibilities of the program director. Firms providing financial support did not have input in these areas.

DISCLOSURE POLICY: Everyone in a position to control the content of this educational activity will disclose to the CME provider and to attendees all relevant financial relationships with any commercial interest. They will also disclose if any pharmaceuticals or medical procedures and devices discussed are investigational or unapproved for use by the U.S. Food and Drug Administration (FDA).

Program Agenda

Friday, November 30, 2007

Marriott Hotel and Conference Center, Coralville, Iowa

- 7:15 **Registration, Continental Breakfast, Visit Vendor Exhibits**
- 7:45 **Welcome:** Opening Remarks & Overview of Course
Orientation, Instructions & Announcements – *John Albright, MD*
- SESSION 1: The Athlete's Head**
Moderator: Paul Baumert, MD, FAAFP
- 8:00 **Depression in Athletes: Recognition and Management**
Margot Putukian, MD, FACSM
- 8:25 **Practical Issues in Sports Dentistry** – *Michael Kanellis, DDS, MS*
- 8:50 **Current Concepts in Concussion Return-to-Play**
Margot Putukian, MD, FACSM
- 9:15 **Interesting Cases: Panel Discussion/Questions and Answers**
John Albright, MD, Michael Kanellis, DDS, MS, Margot Putukian, MD, FACSM
- 9:40 **BREAK - Visit Vendor Exhibits**
- SESSION 2: ACL Injury Update**
Moderator: Mike Shaffer PT, MS, ATC, OCS
- 10:00 **ACL Injuries in Women** – *Margot Putukian, MD, FACSM*
- 10:25 **Non-contact ACL Injury Mechanisms: Implications for Prevention**
William E. Garrett, Jr, MD, PhD
- 11:00 **Implementing a Preventive Protocol** – *Paul Pursley, PT, SCS, CSCS*
- 11:25 **Rehabilitation Following Articular Cartilage Repair Procedures**
Mike Reinold, PT, DPT, ATC, CSCS
- 11:50 **Interesting Cases: Panel Discussion/Questions and Answers**
Ned Amendola, MD, Margot Putukian, MD, FACSM, William E. Garrett, Jr, MD, PhD, Paul Pursley, PT, SCS, CSCS, Mike Reinold, PT, DPT, ATC, CSCS
- 12:15 **LUNCH - Visit Vendor Exhibits**
- SESSION 3: The Overhead Athlete**
Moderator: Brian Wolf, MD, MS
- 1:15 **Throwing Mechanics and Injury: Oldest and Newest Evidence**
John Albright, MD
- 1:40 **Muscle Injuries** – *William E. Garrett, Jr, MD, PhD*
- 2:05 **"Tommy John" Elbow Injuries** – *Brian Wolf, MD, MS*
- 2:30 **Rehabilitation of the Elite Overhead Athlete**
Mike Reinold, PT, DPT, ATC, CSCS
- 2:55 **Interesting Cases: Panel Discussion/Questions and Answers**
John Albright, MD, William E. Garrett, Jr, MD, PhD, Brian Wolf, MD, MS, Mike Reinold, PT, DPT, ATC, CSCS
- 3:15 **BREAK - Visit Vendor Exhibits**
- SESSION 4: Concurrent "How to" Sessions**
- 3:30 **a) Concussion Assessment Techniques: On and Off the Field**
Paul Baumert, MD, FAAFP, Jason Blackham, MD
- b) ACL Rehab: Techniques for Prevention**
Mike Shaffer, PT, MS, ATC, OCS, Paul Pursley, PT, SCS, CSCS, Glenn Williams, PT, PhD, ATC, SCS
- c) Knee Exam Techniques: On and Off the Field**
John Albright, MD, William E. Garrett, Jr, MD, PhD, Ned Amendola, MD, Brian Wolf, MD, MS

- 4:45 Close of Session
5:45 Iowa Men's "Hawkeye Challenge Basketball Tournament"
(Carver-Hawkeye Arena) Tickets \$20 (please see registration form)
Rice University vs. Eastern Illinois University;
University of Louisiana - Monroe vs. University of Iowa

Saturday, December 1, 2007

Marriott Hotel and Conference Center, Coralville, Iowa

- 7:15 Registration, Continental Breakfast, Visit Vendor Exhibits
7:45 Welcome: Opening Remarks & Overview of Course
Orientation, Instructions & Announcements – *John Albright, MD*
SESSION 1: Drugs and the Athlete/Misc.
Moderator: Dan Foster, PhD, ATC, LAT
8:00 Team Physician Corner: What's In Your Game Bag?
Paul Baumert, MD, FAAFP
8:25 "The Training of a Surgeon": Current Concepts at Iowa with the
Arthroscopy Lab – *Brian Wolf, MD, MS*
8:50 Injections in Sports: Why, How, When, and Where?
Ned Amendola, MD
9:15 The Clandestine World of Performance Enhancement – *John Albright, MD*
9:40 What Drugs Are Used and How Do They Help? – *Jason Blackham, MD*
10:05 Interesting Cases: Panel Discussion/Questions and Answers
John Albright, MD, Ned Amendola, MD, Paul Baumert, MD, FAAFP,
Jason Blackham, MD, Brian Wolf, MD, MS
10:30 BREAK - Visit Vendor Exhibits
SESSION 2: Ethics in Sports Medicine
Moderator: : *Joseph Buckwalter, MD*
10:45 Case Presentations Involving a Variety of: "HOT TOPICS"
Panel Discussion/Interactive Floor Discussion
William E. Garrett, Jr, MD, PhD, Dan Gable, Norm Granger, Ned Amendola, MD,
Paul Baumert, MD, FAAFP, Dan Foster, PhD, ATC, LAT
12:15 ADJOURN
5:45 Iowa Men's "Hawkeye Challenge Basketball Tournament"
(Carver-Hawkeye Arena) Tickets \$20 (please see registration form)
Eastern Illinois University, University of Louisiana - Monroe, Rice University,
University of Iowa

Consolation Game
Championship Game

The University of Iowa prohibits discrimination in employment, educational programs, and activities on the basis of race, national origin, color, creed, religion, sex, age, disability, veteran status, sexual orientation, gender identity, or associational preference. The University also affirms its commitment to providing equal opportunities and equal access to University facilities. For additional information contact the Office of Equal Opportunity and Diversity, (319) 335-0705.

Individuals with disabilities are encouraged to attend all University of Iowa sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please contact the Continuing Medical Education Division in advance at 319/335-8599.



Guest Speakers

William E. Garrett, Jr., MD, PhD
Professor of Surgery (Orthopaedics)
and Team Physician
Duke University Sports Medicine Center
Durham, NC

Margot Putukian, MD, FACSM
Director of Athletic Medicine
Associate Clinical Professor, UMDNJ-RWJMS,
Dept of Family Practice
Princeton University
Princeton, NJ

Mike Reinold, PT, DPT, ATC, CSCS
Assistant Athletic Trainer, Boston Red Sox
Senior Physical Therapist, MGH Sports Center
Adjunct Faculty, Northeastern University, Boston, MA

Dan Gable
Former University of Iowa Head Wrestling Coach
and Olympic Champion

Norm Granger
Former Iowa Hawkeye and Dallas Cowboy

The University of Iowa Faculty and Staff

John Albright, MD
Hawkeye Sports Medicine Symposium Director

Ned Amendola, MD
Director, University of Iowa Sports Medicine

Paul Baumert, MD, FAAFP

Jason Blackham, MD

Joseph Buckwalter, MD
Professor and Chair
Department of Orthopaedics and Rehabilitation

Danny Foster, PhD, ATC, LAT

Michael Kanellis, DDS, MS

Paul Pursley, PT, SCS, CSCS

Michael Shaffer, PT, MS, ATC, OCS

Glenn Williams, PT, PhD, ATC, SCS

Brian Wolf, MD, MS

Registration

23rd ANNUAL HAWKEYE SPORTS MEDICINE SYMPOSIUM
Friday and Saturday, November 30 – December 1, 2007

Please print clearly.

Dr/Mr/Ms _____

Specialty/Degree

Address _____

Profession

City _____

State _____ ZIP _____

Phone _____

Business

FAX

Email _____

(email will help for future notifications)

For Office Use Only

CEUs _____ AMA 1 _____ PN: COM 07-334-80

Date _____

REGISTRATION FEES:

(for on-site registration a \$35 additional fee will be added)

Physicians: @ \$325 \$ _____

Allied Health Professionals including Physical Therapists,
Athletic Trainers, Nurses, EMTs, and general public: @ \$225 \$ _____

Students (PT, AT & other): @ \$35 \$ _____

Athletic Event (optional): Iowa Men's Hawkeye Challenge Basketball Tournament

(Teams: Eastern Illinois Univ, Rice Univ, Univ of Louisiana at Monroe, Univ of Iowa)

Friday: _____ tickets @ \$20 each \$ _____

Saturday: _____ tickets @ \$20 each \$ _____

TOTAL \$ _____

I will attend the luncheon Friday, December 1st at the Marriott. Yes No

Method of Payment:

Enclosed is my check made payable to:

The University of Iowa for the total amount of \$ _____

Please charge my: Mastercard VISA

Account Number _____

Expiration Date _____ Signature _____

3-digit security code on back _____

Three Ways to Register:

Continuing Medical Education Division
University of Iowa Carver College of Medicine
100 Medicine Administration Building
Iowa City IA 52242-1101



Phone: 319/335-8599



FAX: 319/335-8327

The University of Iowa requests this information in order to process your registration.
No persons outside of The University of Iowa are routinely provided this information.

For additional information on this program and other upcoming CME events at
the UI Carver College of Medicine, please visit <http://www.medicine.uiowa.edu/cme/>.



University of Iowa Health Care

Continuing Medical Education Division
University of Iowa Roy J. and Lucille A. Carver College of Medicine
100 Medicine Administration Building
Iowa City, Iowa 52242-1101

23rd Annual

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